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It's a common mistake to think of sushi as a type of food, but it's actually a way of eating. You will get a plate with your chosen rolls or sushi. You'll also be given chopsticks, and there will be a bottle of soy sauce on the table and you may also get an additional plate for any appetizers. You will typically eat your sushi with chopsticks, though eating with your hands is acceptable.

[New to Sushi? A Simple Guide to Eating Sushi for Beginners](#)

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Set up your sushi serving plates.

Prepare the garnishes, if you plan to use any.

Roll ALL of your sushi rolls, but don't cut them.

Slice the rolls one recipe at a time.

Arrange all of the rolls of the same time onto your plates/platters.