

# flamengo audax rio de janeiro esporte clube

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<h4>Understanding Ski Jumping: An Overview</h4>

<p>Ski jumping is a thrilling winter sport where athletes descend a steep

ramp at high speeds, leap into the air, and aim to land the longest jump possibl

e before gliding to the finish line. But how are these impressive feats measured

and scored?</p>

<h4>The Measurement of Ski Jumps: K-Point and Beyond</h4>

<p>In ski jumping competitions, judges measure jumps from the takeoff to a

reference point called the "K-point," which indicates the assessment

location for the distance covered by the athlete. The following table illustrate

s the relationship between jump distance (in meters), K-point, and maximum landi

ng point.</p>

<table border="1">

<thead>

<tr>

<th>Distance (m)</th>

<th>K-Point</th>

<th>Max. Landing Point</th>

</tr>

</thead>

<tbody>

<tr>

<td>50</td>

<td>34</td>

<td>58</td>

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<tr>

<td>70</td>

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<td>84</td>

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<td>105</td>

<td>87</td>

<td>105</td>

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<h4>Scoring Ski Jumping: Judges' Criteria</h4>

<p>Judges evaluate ski jumps based on three primary factors:</p>

<ul>

<li><strong>Distance:</strong> Generally, longer jumps are rew

arded over shorter ones during the initial take-off and landing.</li>

<li><strong>Style:</strong> Athletic posture and alignment thr

oughout the jump are assessed for the overall style score.</li>

<li><strong>Wind Conditions:</strong> Wind and weather impact